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A portrait of Joel Osteen, a man with dark, wavy hair and a bright smile, wearing a dark suit, white shirt, and patterned tie. The background is a soft, out-of-focus light blue.

JOEL OSTEEN

101

Greatest Life Lessons,
Inspiration and Quotes
From Joel Osteen

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and Quotes From Joel Osteen

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Introduction

It is surprising to know that the world may not have had the opportunity to hear the wisdom that Joel Osteen shares through his ministry.

That would be a terrible shame because his words are helping people all over the world in many ways.

The native Texan and son of Pastor John Osteen had turned down many invitations to speak and was content doing other work instead. Finally, in 1999, Joel, wanting to honor his father agreed to start preaching.

Unfortunately, Joel's father passed away less than a week later due to a heart attack.

Once Joel Osteen began preaching, the Lakewood Church began to grow in numbers to the point it is now the largest church in America.

A new church was built in order to accommodate all the people who were clamoring to experience Joel Osteen's message in person.

This new church now hosts 38,000 attendees each Sunday who show up to hear the words of this wise beacon of hope.

38,000 is just a small number compared to the millions of people throughout the world who tune in to hear Joel's words of wisdom.

Due to his quickly growing success, it only made sense to put his words down on paper for people to continue to learn from.

Joel's first book, "Your Best Life Now", was published in 2004 and remained as the #1 Bestseller for two years. From that point, everyone, even non-Christians have followed his success.

Now you can enjoy a collection of the best of Joel Osteen, including:

19 quotes on having faith

21 quotes about relationships

20 quotes about overcoming problems

21 quotes about positive living

20 quotes about dreams and goals

That is 101 quotes that you can refer to anytime you need to increase your feelings of faith, improve relationships, overcome problems, live a happier life and reach your dreams and goals.

You can read through each chapter one by one, or choose a quote a day to help you as you get ready for your busy schedule.

However you choose to use these quotes, they will become favorite ways to stay motivated and inspired.

Chapter 1 – 19 Joel Osteen Quotes on Having Faith

Faith means to have trust or confidence in something, such as having faith that the sun will rise and set each day.

Of course, that is a very easy thing to put your faith in because you can see this fact with your own eyes.

Having faith in God or in a happy future can be a struggle, especially when the facts of life are telling you that things may not work out the way you hope they will.

This is when you may fall at risk for depression, anxiety or other mental or emotional illnesses.

When lack of faith becomes too much of a problem and you have succumbed to depression or anxiety, your physical health can also be at risk for illnesses.

This is why it is so important to fortify your faith continually.

Joel Osteen talks a lot about the type of faith that can help you remain immune from the ravages of life that are possible when there is no faith. This is when it is very important to be gentle on yourself.

During these times, when it seems an impossible task to turn to faith for hope, comfort, and assurance, it is very important to reach out to others.

Reflecting on these quotes about faith from Joel Osteen can be an important way to reach out to rebuild your faith when you feel it is lacking.

Joel Osteen quotes about faith:

“I believe if you keep your faith, you keep your trust, you keep the right attitude, if you’re grateful, you’ll see God open up new doors.”

“If you will believe and stay in faith, and expect good things, you too can defy the odds.”

“I took that step of faith, and God has taken me places I never dreamed.”

“It’s our faith that activates the power of God.”

“Faith is About Trusting God even when you don’t understand His plan.”

Furthermore, Joel believes that faith is something that you must practice for yourself. While other people might quote scriptures or pray for you, they cannot put faith inside of you.

It is something that you need to become open to from inside yourself.

At the same time, he makes sure to point out how spending time with faithful people is very helpful in bolstering your own faith.

When you spend time with faith filled people they can inspire you to become more faithful, but they still cannot do it for you.

Along with having faith that God exists, Joel talks a great deal about what about God that you should have faith in.

For example, God has created you to have a specific potential in life and he will never take that away. It is up to you to find out what that is in order to fulfill your destiny.

What makes you happy and what you are passionate about is what God has gifted you with.

You can have faith in that and when you do, your faith in God will also grow stronger because you will see how he has designed blessings into your life when you follow your passions.

Joel stresses the importance of having faith in God's timing and how this is probably not what you think it is.

For instance, you may start to doubt your faith because you are getting turned down for jobs, but if you keep your faith you may later learn you were rejected because God had a great job in store for you.

Reflecting upon Joel's messages about faith, we are able to learn that faith is something that we must find from inside of ourselves.

No one else is going to give it to us. Also, the faith needs to be that God has a plan for us and it may not be what we think it should be, but could quite possibly be much better than we might imagine.

Chapter 2 – 21 Joel Osteen Quotes about Relationships

One of the most challenging parts of life can be maintaining happy relationships with others. Even if you are the most agreeable person on earth, you can still experience relationship problems.

This is because everyone has their own idea of how life should be lived. These disagreements can sometimes be difficult and even impossible to navigate.

How you relate to your spouse, friends, parents, siblings, boss, coworkers and everyone else in the world will largely depend on your value systems.

Even when you do your best though, other people can still be difficult to get along with because of their own problems.

It can be disappointing to learn that not everyone is honest, thoughtful or even polite.

Sometimes, it is members of our own family who occasionally act out in ways that leave us not knowing how to best respond. At these times, we may wonder what the point is in continuing to bother.

Of course, no one can just move out to an island and live without other people. We are designed to need each other and that means having the ability to get along well, despite all the challenges that can be created.

This requires learning new ways to get along, and motivation to continue doing so, even when it seems difficult.

This does not mean you should continue to try to have a relationship with those who are abusive or toxic in your life.

Having discernment about whether to work things out or walk away can be one of the most important ways to improve your life.

You can also turn toward your faith and ask that God help lead you through all the trials, tribulations, and also the good times in your relationship with others. In this, you do not have to figure out what to do all by yourself.

Joel Osteen has a number of quotes that will help you through every challenging relationship problem:

“When God puts love and compassion in your heart toward someone, He’s offering you an opportunity to make a difference in that person’s life. You must learn to follow that love. Don’t ignore it. Act on it. Somebody needs what you have.”

“You cannot expect to live a positive life if you hang with negative people.”

“Don’t waste your energy trying to convince people to understand you. Your time is too valuable to try to prove yourself to people.”

“Encouragement to others is something everyone can give. Somebody needs what you have to give. It may not be your money; it may be your time. It may be your listening ear. It may be your arms to encourage. It may be your smile to uplift. Who knows?”

“Friend, there’s no greater investment in life than in being a people builder. Relationships are more important than our accomplishments.”

“God will always bring the right people into your life, but you have to let the wrong people walk away.”

As you can see, Joel is pointing out how you need other people and should be loving, compassionate and encouraging.

At the same time, you also need to be discerning about having healthy boundaries. You also need to become wise about who you choose to share your time with.

Your first priority should be to please God and when you start to worry too much about pleasing other people, you will no longer be as focused on pleasing God or living the life he has planned for you.

Joel is very specific about how God needs to be the final authority, over anyone else in your life. Even in marriage, God should come first, and then your spouse comes after your relationship with the Divine.

Speaking of marriages, Joel has very specific messages for the marital relationship, although the words of wisdom can be applied to any close ties.

For instance, setting an example of living a life for God.

The importance of thoughtfully choosing the words you use is also very

important.

Blessing people with your words means to remain respectful and avoid fault finding. Being overly critical of your spouse or others is a quick way to create problems and cause harm to other people.

Even if you think you are being helpful, finding a way to be positive instead of pointing out negative attributes is a crucial way to build better relationships with others.

Women in particular can become depressed or have other types of emotional breakdowns, such as developing anxiety problems due to challenging relationships.

This is especially true if the people around them are always pointing out faults instead of expressing how much they value and appreciate the contributions they make.

Choosing Godly words will lift others up.

For example, saying thank you, or offering other words of appreciation, along with sincere compliments and other grateful or kind words are the best way to fortify relationships.

Joel mentions that finding these types of words to share daily will go a long way in creating an uplifting environment for others.

Creating uplifting environment for others through the words we use and showing compassion goes outside of the home as well.

Joel points out how God wants us to make a difference and there is no better way of doing that than by being in service of others. Offering a smile, a hug, or some other form of comfort or positive interaction is a way of honoring the love God has for each of us.

Ultimately, setting firm and loving boundaries about what you will accept from other people, and reaching out in love and kindness to others are all considerations toward creating Godly relationships with those around you.

There is no doubt that maintaining relationships in a way that is happy for you and also honoring God certainly requires a balanced approach.

The main lesson is to keep your faith in God, follow his direction and even if you need to walk away or set boundaries with others, do it in a kind way

versus using anger or violence.

Chapter 3 - 20 Joel Osteen Quotes about Overcoming Problems

When you have faith and relationships are going well, life becomes much happier and you may begin to believe that nothing else in life will be able to bother you.

At the same time, many problems can still crop up that leave you confused about what decisions you should make.

Some problems seem insurmountable and you may wonder if you will always have to live with them without finding happiness again.

This is when it is even more important than ever to remember your faith. Also, remember the fact that you have already been able to resolve many problems in your life successfully.

Keeping your faith is important during times of troubles. It is also important to remember that you are never alone.

No matter what type of problem you have, all you have to do is reach out for help at any time and you will find someone is willing to help you. And, God is always there for you, no matter what.

You may also want to consider how some problems are not even really problems, it is only that you think they are troublesome.

Consider if you are running late for work and get stuck behind a slow driver, you might get very angry and upset. Yet, you still arrive at work on time.

In those circumstances, such as running late for work, the main problem is what you think about that situation, more than the actual circumstances.

Ironically, those kinds of problems are most of our troubles for many of us.

No matter what kinds of problems you are facing, real or from your thinking problems into existence, you will find good ideas and words of comfort in the following quotes by Joel Osteen: “No matter how dark and gloomy it looks in your life right now, if you’ll release the weight of those burdens, you will see the sun break forth.”

“Nothing in life has happened to you. It’s happened for you. Every disappointment. Every wrong. Even every closed door has helped make you into who you are.”

“The question is not, ‘Do you have a problem?’ The question is, ‘Does the problem have you?’”

“Too often, when we suffer some kind of rejection or disappointment, we get so discouraged that we settle right where we are.”

“When you face adversity, you need to remind yourself that whatever is trying to defeat you could very well be what God will use to promote you.”

Joel encourages everyone to go through life peacefully and with contentment, despite problems, because that is a true showing of faith.

If you are always worried, frustrated or upset about your life, it does not give room for God to help you. In fact, you become more powerful when you remain calm, have faith and allow God to help.

It is understandable to feel sad, to grieve, or to have feelings about problems in your life and there is nothing to worry about when you have those feelings.

Instead of getting caught up in them and allowing them to further add suffering to your life, you can turn them over to God and trust that he will help you through whatever is troubling you.

In having the faith to allow God to handle your problems, and feeling peaceful that he is in charge, Joel said to remember that God knows your potential and your values. You can relax knowing he has a plan for you and a purpose for your life.

You can hold your head high when you know God is in control. He will help you navigate through all your problems in a way that will bring you to true happiness, if you allow it. Having an open heart, faith, and a willingness to follow his lead is all that is needed.

Even if things are not going the way you hoped they would, and it seems that all is lost, God is always there.

He will never reject you and he believes in you even if no one else does. It is very important to realize that even when times seem to be the most difficult, that God has a plan that will bring better things your way.

It is your attitude and choosing faith over dwelling on negative thoughts and feelings that will determine your quality of life, not the problems you are having. This includes problems from the past.

Joel urges everyone to stop dwelling on the past, it is over and forgiving yourself and others, and moving on with a clear heart of faith is the best thing you can do.

While you may think that Joel doesn't understand your life, or that he is dismissing how tough life can be by saying to just be positive all the time, the truth is that he does understand that life can feel overly defeating at times.

He consistently points out how there is a reason for these hard times and that we are not always equipped with the capacity to understand them.

Despite not always being able to know why problems are happening, such as having diseases or unfortunate accidents, they are a part of God's plan for us to help us grow and learn. They create circumstances that will later bring us close to God. Because of this, even though life has troubles, God wants us to be happy and to trust he has our best interest at heart.

Joel assures us that God wants us to reach out and ask for help when we feel our problems are too immense to handle by ourselves.

In this, it is not considered wrong to feel troubled, it is just asked that we lay our troubles in the hands of God and then relax, knowing that he is much bigger than any problem we face and that he will lovingly care for us.

Chapter 4 – 21 Joel Osteen Quotes about Positive Living

As you continue to build your faith, improve relationships and solve problems, you will move closer to living a positive life.

This will happen naturally without having to struggle. As your life becomes happier because you have done your part, you will realize that God has been close beside you, helping you all along.

What you will also learn, is that positive living has less to do with how easy your life is and more about how you think about your life instead.

In fact, some of the most impoverished people have the most joyful lives, because of how they think of everything they do have to be happy for instead of feeling sad about what they do not have.

Positive living is a choice you make every day, even if everything that is happening to you is not exactly the way you want it.

For instance, considering the example in the prior chapter, what if you did not get so angry at the slow driver that was keeping you from reaching work on time?

What if you simply relaxed and enjoyed the ride getting to work, and offered patience to the slow driver, because maybe he or she was lost, or upset upon receiving devastating news? Perhaps you would have arrived at work refreshed and happy that you had an extra minute or two before you had to focus on your responsibilities.

Ultimately, your life is in your hands and God wants to be your partner. If you choose to mentally beat yourself up and complain about your circumstances and live a sad life; that would be such a shame.

Because the reality is that you are free to choose to live more positively.

Here is a collection of Joel Osteen quotes about positive living that will help you live a happier existence:

“It’s time to put off those negative mind-sets and rise higher.

The more you talk about negative things in your life, the more you call them in. Speak victory not defeat.”

“Throw your shoulders back, put a smile on your face, and be looking for opportunities to stretch onto the next level.”

“When disappointment or rejections knocks you down, get back up and go again.

When the negative thoughts come – and they will; they come to all of us – it’s not enough to just not dwell on it... You’ve got to replace it with a positive thought.”

“Don’t just accept whatever comes your way in life. You were born to win; you were born for greatness; you were created to be a champion in life.”

The quotes from Joel Osteen about positive living all point out to how even though life can be difficult, it is in your best interest to persevere in your faith.

You can feel relaxed and even smile when times are hard, because you know that times will be good again, and that God is on your side to help make them that way.

One of the favorite lessons that Joel has offered throughout the year in his ministry is that when times are tough, they are just a time.

It is where you are for a chapter of your life, not who you are and not how you will live your entire life.

Keeping your mind focused on what you want during the more troublesome times will help you the most instead of worrying and becoming anxious over every difficult chapter you live through.

This is not always easy, but continuing to build your faith will significantly help.

Joel further goes on to make the point of how making excuses about why things are bad for you, or justifications about why it is okay to be upset and fretful are not the best way to live.

It is also not the ideal situation to blame your past. In fact, there is a story about the past that Joel likes to share during his sermons.

If you can imagine that your life is like driving a car, you will notice that

your windshield is large.

It has enough room for you to fully look out and see whatever is coming up in the horizon. You know if you point your car in the right direction you will eventually get to the horizon you are hoping to reach.

At the same time, you have a rearview mirror. The rearview mirror on your car of life, like any other car, is very small.

It only shows a limited amount of your past. This is because the past is not as important as the road in front of you. In this, leaving the past behind allows you to have freedom.

The best part about this story is that the road in front of you is filled with possibilities.

When you keep your thoughts positive and focused on the possibilities, you are better able to find all the blessings that God wants you to have.

Ultimately, while relying on God to help navigate your life is something that Joel reiterates often, you are the one that has responsibility for how you live. This responsibility is to allow God to lead and to remain faithful.

This means to refuse to allow current problems or past issues get in the way of believing you deserve all the best that God wants to provide.

Surrounding yourself with positive people and spending time asking God to help you live a more positive life will help you become a happier person.

What you will find, when you take charge your attitude in this way, is that you will be able to see many blessings that may otherwise had remained hidden behind worry and anxiety.

Chapter 5 – 20 Joel Osteen Quotes about Dreams and Goals

As you begin to live a more positive life, it simply makes sense that you take a look at your dreams and goals to see if you are living in a way that will best allow you to accomplish them.

Taking steps to live your dreams and achieve your goals is what will help you feel the most fulfilled and successful.

Joel Osteen believes that following the dreams that are in your heart are a way to honor your faith, because they were put there by God.

This means that it is very important to define your life passions. Then, you must do something to make sure you follow through on them.

Outlining your life's passions is easy when you stop to consider what you love the most in life.

For instance, perhaps when you are spending time drawing pictures, you feel the happiest and do not even remember that time or the rest of the world is going by. This would tell you that becoming an artist, full or part time, is a passion for you to pursue.

You may think your dreams are impossible to meet, yet if you set goals, you can start to take steps closer and closer to realizing your dreams.

Even the smallest step toward completing a goal will help you eventually reach your goal. For instance, taking a class to learn more about something you are passionate about.

Every small step, taken with faith, is what will allow you to realize your dreams and achieve even the biggest of goals.

Here are quotes about dreams and goals from Joel Osteen to help you in your quest for living your passions:

“Do all you can to make your dreams come true.”

“Don't focus on where you are today, keep positive vision and see yourself accomplishing your goals and fulfilling your destiny.”

“There is a winner in you. You were created to be successful, to accomplish your goals, to leave your mark on this generation. You have greatness in you. The key is to get it out.”

“God has put in you everything you need to live a victorious life. Now, it’s up to you to draw it out.”

“God wants you to become all that he created you to be.”

“God would not have put a dream in your heart if He had not already given you everything you need to fulfill it.”

Dreams and goals are what power us to get up in the morning and remain productive and motivated.

Joel is emphatic that the dreams we have in our hearts are put there by God and should be honored, even if they seem impractical.

Joel goes on to say that when we live our lives by setting goals to make our deepest dreams come true, that God will be behind us, helping us.

Further, if you are not sure what dreams you should follow, just ask God for asking.

Continually asking God to reveal what your purpose is will come in answers that you can become passionate about.

When this happens, Joel suggests clearly envisioning these dreams as happening in your life, and make them big.

The more you envision your dreams coming true, ask God for guidance on what the next best step to take and set goals to support these steps, the more success you will find.

These goals do not need to be all about making money though because success comes in many forms other than cold hard cash.

For example, your dreams might include creating beauty and art throughout the world, or helping people overcome trauma or poverty.

No dream is out of reach when it is divinely inspired, so there is no need to worry or feel fearful about making the choice to follow your dreams despite all odds.

Conclusion

Thank you for reading, “Joel Osteen: 101 Greatest Life Lessons, Inspiration and Quotes from Joel Osteen.”

At this point, you should have a great deal of inspiration and motivation to live a healthy and positive life.

Continuing to review these quotes will continue to help you:

Further increase and enhance your faith

Improve your relationships, even the ones that are most difficult, or learn how to walk away

Solve problems and remain full of faith despite having those problems

Live a more positive life no matter what circumstances you find yourself in

Realize your dreams and reach your goals

You may want to write a quote down a day to carry with you so you can refresh your memory, Or, you may want to give a copy to a friend who needs a boost so that you can work together to build great events in life.

You may also think of other ideas to use these quotes and words of wisdom to enhance your life on every level.

Thanks again and best wishes for inspired living!